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Dear Students,

That's what we all are, students. All our lives. We study and practice advances in our field, but not all of us embrace the changes that time inevitably brings. Advances in dentistry are often intriguing and fascinating, but for many of us, they are also intimidating. The fear of failure, in trying out a new procedure; the skepticism in believing that it can be beneficial. We can ignore it by (falsely) assuming that it can't fit in our practice or in the context of our practice. The context can be social, or cultural, or anything else we tell ourselves.

We don't think twice before changing our wardrobe. Or when adding newer gadgets to our personal arsenal. But it takes us months and years of reflection, before changing our methods. Why do people still prefer going to big cities for exclusive (and expensive) dental treatments? The capabilities of a good dental surgeon in a small town should not be ignored. It happens because we hesitate in informing the enhancements to our patients; presuming that they might reject it. But if you, as a dentist, can understand that any advancement in science is focused at making the patient healthier, with a better prognosis or treatment, the same confidence will be passed on to your patients. They won't mind getting more assurance from the doctor for their treatment, even with a procedure unknown to them.

IDJSR has continually focused in enriching our students of all levels with numerous possibilities and enormous scope, to enhance their skills by learning new techniques. Which are not only academically oriented, but benefit the students and doctors in their practices too. The motto is not just getting an article published; the goal is to encourage change in all of us. To embrace it and make us all more competent, to ensure that our patients' health is our number one priority. A beneficial side effect is that we all become better doctors and lead to a better (and healthier, more productive!) society.

Development is not easy. Development comes from embracing new ideas. Let's all pledge to discard that fear of change in us.

Best wishes